

ABSTRACT

The present invention relates to a process of decreasing the expression
of one or more of the inflammatory cytokines IFN- γ and IL-6 by cells in a
mammalian patient, which comprises administering to the patient an effective amount
5 of stressed mammalian blood cells, said stressed cells having been extracorporeally
subjected to at least one stressor selected from oxidative stress and ultraviolet
radiation. The process of the present invention can be used for alleviating chronic
fatigue syndrome in a mammalian patient.